

## NEW STORY BEHAVIORAL HEALTH



WITH CURT THOMPSON, MD



# Inspire Transformation as a Confessional Community™ Leader

## The Confessional Community Clinical Training Program™

equips caregivers to lead others as they form meaningful connections, cultivate greater spiritual depth, and imagine a truer version of their stories. Our program weaves together Christian spiritual formation and the work of psychotherapy. We draw from interpersonal neurobiology, process group psychotherapy, and other related theories. Participants will learn through experience, observation, and teaching.



Nov 2024 - Sept 2025

- 2 in-person events
- 9 remote teaching sessions
- 19 remote Confessional Community™ sessions



### In-person Events:

New Story Behavioral Health  
6400 Arlington Blvd, Suite 920  
Falls Church, VA 22204

## Confessional Community Clinical Training Program™ Lead Trainers



Curt Thompson, MD



Courtney Morrison, LCSW

**APPLY TODAY!**



# Confessional Community Clinical Training Program™

## Structure and Overview

The Confessional Community Clinical Training Program™ develops and equips new and prospective Confessional Community™ leaders to establish and successfully lead Confessional Communities™ in their contexts. The unique and multi-faceted approach of the Program forms leaders who cultivate emotional, relational, and spiritual growth in the members of their Confessional Communities™ and spark the transformation of families, churches, workplaces, and communities.

The Program weaves together foundational elements of Christian spiritual formation and a contemporary understanding of the work of psychotherapy. It is clinical in focus and draws from the theoretical and practical foundations of interpersonal neurobiology (IPNB), process group psychotherapy, psychodynamic theory, attachment theory, experiential modalities, and other related orientations.

The Program is primarily designed for mental health clinicians who aspire to lead therapy groups in professional or community settings. Non-clinicians (clergy, teachers, business leaders, community leaders, ministry leaders, etc.) who have extensive experience providing care in a group setting may also be considered. All prospective participants must apply to the Program and receive formal acceptance before attending.

The primary leaders and trainers are Curt Thompson, MD and Courtney Morrison, LCSW. Additional leaders are licensed mental health clinicians who themselves have been trained to lead Confessional Communities™. The Program is hosted by New Story Behavioral Health, an outpatient mental health practice in the Washington, DC Metro Area.



**APPLY TODAY!**



## Training Schedule

### Opening Event

**November 13-15, 2024**

A Confessional Community Intensive with teaching components. Held in-person in Falls Church, VA and led by Curt Thompson, MD, Courtney Morrison, LCSW, and trained staff.

### Remote Confessional Community™ Sessions

**1st and 3rd Tuesday of every month, 12:00-1:30,**

**December 3, 2024 – September 2, 2025**

One-and-a-half-hour organic Confessional Community sessions with the groups formed at the Opening Event. Conducted over Zoom and led by the Opening Event group leaders.

### Remote Teaching Sessions on Core Issues

**2nd Tuesday of every month, 12:00-1:00,**

**December 10, 2024 – September 2, 2025**

One-hour, structured teaching on core issues related to leading Confessional Communities. Conducted over Zoom and led by Curt Thompson, MD, Courtney Morrison, LCSW, and New Story staff.

### Closing Event

**September 10-12, 2025**

A Confessional Community Intensive with live practice, consultation, and demonstration. Also including teaching sessions on core issues. Held in-person in Falls Church, VA and led by Curt Thompson, MD, Courtney Morrison, LCSW, and trained staff.



# Confessional Community Clinical Training Program™

## Additional Details

**Total Program Cost:** Initial fee \$495 plus \$495/month for 12 months (does not include travel). At this time, no scholarships are available.

**CEUs:** (amount TBD) will be provided for eligible clinicians (subject to your state licensing board's eligibility requirements)

**Clinicians and Non-clinicians:** The first cohort of The Training Program will be geared towards clinicians though we encourage anyone who is interested to apply.

**Required Reading/Listening:**

*Anatomy of the Soul* by Curt Thompson, MD,

*Soul of Desire* by Curt Thompson, MD,

*The Theory and Practice of Group Psychotherapy* by Irvin Yalom and Molly Leszcz,

*The Being Known Podcast, Season 7: Confessional Communities*

hosted by Curt Thompson, MD and Pepper Sweeney.



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"We need others to bear witness to our deepest longings, our greatest joys, our most painful shame, and all the rest in order to have any sense at all of ourselves."

Curt Thompson MD ~ The Soul of Desire

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